## **AB1019-HP**

## IMPORTANT OPINIONS GIVEN BY PRESTIGIOUS RHEUMATOLOGISTS ABOUT THE NEED TO HAVE NURSING ASSESSMENT IN THE FIELD OF RHEUMATOLOGY IN SPAIN.

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**Background:** Some members of the National Rheumatologic nursing working group (GTESER) have interviewed several Rheumatologists to know their opinions about the evaluation and improvement of the new nursing tasks and conclude that it is necessary to support and update many of nurses' competences. **Objectives:** Getting to know medical experts 'opinions about the nursing role in Rheumatology. Analyzing nursing competences to improve the quality patient assistance.

**Methods:** Descriptive, analytic and longitudinal study carried out with interviews.

1.How is the nursing role described in Rheumatology nursing assistance? 2.In your opinion, which are the most important activities to be taken into account: assistance, teaching, training or researching? 3.What do you think about setting up nursing consulting rooms in the Rheumatology department?

Results: Meaningful answers:

- 1. The nursing assistance provides a valuable help for the Rheumatology doctors. It gives information to the patients and solves daily patients' doubts and their treatments. The nursing role is growing up mainly in the field of teaching. Some doctors think that Rheumatology departments need the nursing role to complete their assessments.
- 2. The nursing assistance provides knowledge in the therapeutic field and side effects gives information to the patients. Nurses should have a specific training to carry out their tasks, join a multidisciplinary team and a researching group to develop projects related to nursing care.
- 3.Spanish nursing should be allowed to have the same level of commitment as some of their European colleges. Assistance to the patients controlling their follow up. Nurses are very helpful workers as much for the patients as for the Rheumatology department. Rheumatology nurses improve quality assistance to the patients in consulting rooms. Waiting lists are decreased.

Conclusions: These interviews show that Rheumatology doctors support the nursing role in this field. Furthermore, they make clear that their training in every nursing competence is very valuable to provide the patient with quality assistance in the Rheumatology department. Eventually, they consider that the right place to put it into practice is the Rheumatology nursing consulting room. Nowadays some hospitals hold such consulting rooms in Spain; we consider this situation should be expanded to the rest of the country.

References: Dr. A. Fernández Nebro, Head of Rheumatology department. Carlos Haya Hospital.Málaga./ Dr. Santiago Muñoz Fernández, Head of Rheumatology department (the President elect of the Spanish society in Rheumatology). Infanta Sofía Hospital.San Sebastián de los Reyes (Madrid)./ Dr. Julio García Feito, Coordinator of Rheumatology department. Torrecárdenas Hospital. Almería./ Dr. R. Lozano, Head of Rheumatology department. Dr. Negrín Hospital. Las Palmas de Gran Canaria./ Dra. Ana I. Sánchez Atrio, member of Board of Directors of the Spanish society in Rheumatology. Head of Systematic Diseases service in Rheumatology. Príncipe de Asturias Hospital.Alcalá de Henares (Madrid)./ Dra. Ana Perez Gómez, Rheumatology department. Puerta de Hierro Hospital.Madrid./ Dr. Emilio Martín Mola, Head of Rheumatology department. Honorary President of the Spanish society in Rheumatology. Treasury Director of EULAR. La Paz Hospital.Madrid.

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